A Brain Drain or an Insufficient Brain Gain?

Upstate New York’s weak population and labor force growth in recent years has raised concerns about a loss of educated workers. Indeed, the region has seen a net outflow of college-educated people. This issue of Upstate New York At-a-Glance finds that this net outflow reflects a low rate of in-migration to the region, rather than an unusually high rate of out-migration.

Introduction

In-migration and out-migration are a natural result of the nation’s mobile workforce. However, they can impact population growth when out-migration is relatively high or in-migration is relatively low—and even more so when the trends converge.

We use data from the 2000 census detailing out-migration and in-migration patterns between 1995 and 2000 for each U.S. state. For comparative purposes, we consider upstate New York a separate region and include only the population aged thirty to sixty-four (aged twenty-five to sixty at the time of a move) to eliminate college students who may have moved into and out of the region only to attend school.

Out-Migration: A Brain Drain

In our study, the out-migration rate is the number of college-educated people—those with four or more years of college—leaving a state over the five-year period as a share of the entire college-educated resident population.

- Out-migration rates range from 8.2 percent in California to 22.2 percent in Alaska.
- Upstate New York’s out-migration rate of 13.4 percent is roughly equivalent to the 13.5 percent median across states. Out-migration rates were higher in twenty-five states.
- Rather surprisingly, sluggish regional economies do not necessarily have high out-migration rates. States in the Northeast and along the Great Lakes tended to have relatively slow economic and population growth in recent years, but many of these states also had low out-migration rates. In fact, better performing economies had higher out-migration rates than poorer performing ones.

Source: Author’s calculations, based on data from the U.S. Census Bureau.
In-Migration: A Brain Gain

The in-migration rate is the number of college-educated people moving into a state over the five-year period as a percentage of the entire college-educated resident population.

- In-migration rates range from 9.9 percent in Louisiana to 39.4 percent in Nevada.
- If upstate New York were a state, it would have the nation’s lowest in-migration rate, 9.3 percent.
- As one might expect, weaker regional economies have low in-migration rates. Many of the lowest rates are in Northeast and Great Lakes states, which have experienced sluggish economic and population growth in recent years.¹

A Net Loss of Educated Workers

The net migration rate is the difference between the in-migration rate and the out-migration rate.

- Net migration rates range from a loss of 6.1 percent in North Dakota to a gain of 22.5 percent in Nevada.
- Upstate New York, along with twelve states, experienced a net outflow of college-educated workers between 1995 and 2000. Upstate’s net loss was 4.1 percent, the second worst in the nation if the region were a state.
- Like states with a net outflow of college-educated workers, upstate New York tends to have relatively low in-migration rates coupled with moderate but not unusually high out-migration rates. Out-migration rates among states vary much less than in-migration rates, and the variance in in-migration rates largely drives net migration flows.

- States with the strongest net inflows of the educated population are mainly in the South and West, including Nevada, Arizona, and Florida. While out-migration rates for these states—like the rate for upstate New York—tend to be about average, in-migration rates are at least three times as great.

Conclusion

Compared with U.S. states, upstate New York’s net outflow of college-educated workers reflects a lack of a “brain gain” rather than an unusually large “brain drain.” College-educated adults are not moving to the region fast enough to stem natural out-migration flows.

Research suggests that job opportunities and local amenities influence choice of location. While regional amenities such as a favorable climate, cultural offerings, and family and social networks are attractive forces, they may not be enough to attract college-educated workers if good job opportunities do not exist. Similarly, job prospects may not be sufficient to sway a relocation decision if a region is not perceived to be a desirable place to live. Both factors are important policy considerations.

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The views expressed are those of the author and do not necessarily reflect the position of the Federal Reserve Bank of New York or the Federal Reserve System.