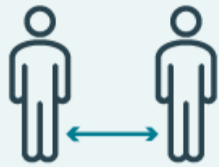




COVID-19



WEAR A MASK



STAY 6 FEET APART



AVOID CROWDS



GET A VACCINE

Choosing Safer Activities

Updated Apr. 27, 2021

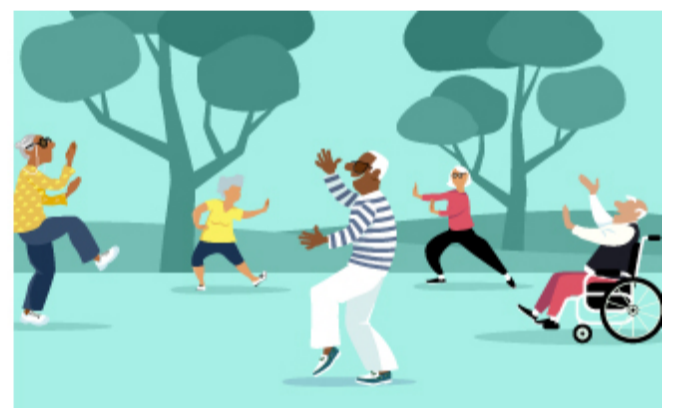
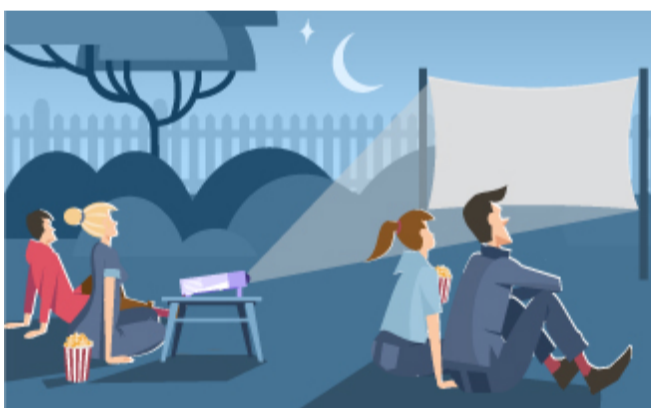
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What You Need to Know

- If you are [fully vaccinated](#), you can start doing many things that you had stopped doing because of the pandemic.
- When choosing safer activities, consider [how COVID-19 is spreading in your community](#), the number of people participating in the activity, and the location of the activity.
- Outdoor visits and activities are safer than indoor activities, and fully vaccinated people can participate in some indoor events safely, without much risk.
- If you haven't been vaccinated yet, [find a vaccine](#).



Outdoor Activities



Your Activity

Fully Vaccinated People

Unvaccinated People

Walk, run, or bike outdoors with members of your household



Attend a small, outdoor gathering with fully vaccinated family and friends

fully vaccinated family and friends



Attend a small, outdoor gathering with fully vaccinated and unvaccinated people



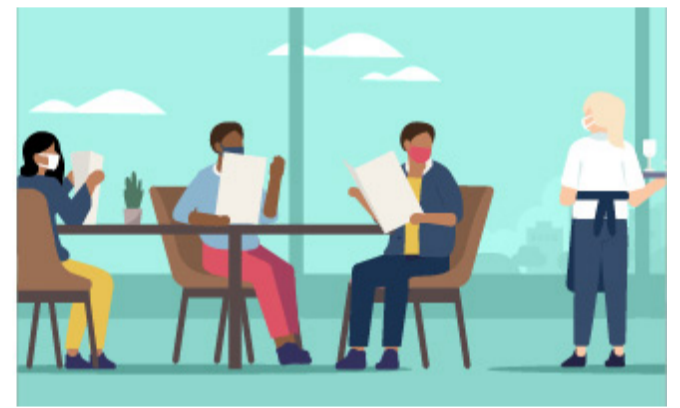
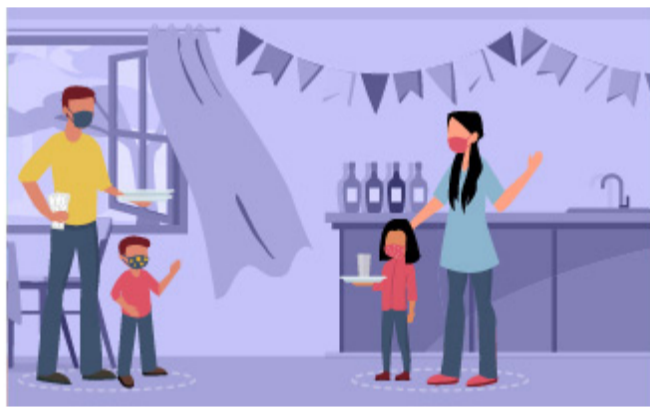
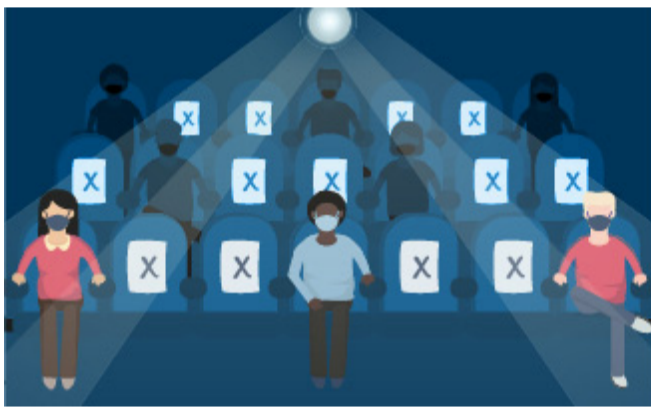
Dine at an outdoor restaurant with friends from multiple households



Attend a crowded, outdoor event, like a live performance, parade, or sports event



Indoor Activities



Your Activity

Fully Vaccinated People

Unvaccinated People

Visit a barber or hair salon



Go to an uncrowded, indoor shopping center or museum



Ride public transport with limited occupancy



Attend a small, indoor gathering of fully vaccinated and unvaccinated people from multiple households



Go to an indoor movie theater



Attend a full-capacity worship service



Sing in an indoor chorus



Eat at an indoor restaurant or bar



Participate in an indoor, high intensity exercise class



Key to Prevention Steps



Prevention measures not needed



Take prevention measures

- **Fully Vaccinated People:** Wear a mask.
- **Unvaccinated People:** Wear a mask, stay 6 feet apart, and wash your hands.

- Safety levels assume the recommended prevention measures are followed, both by the individual and the venue (if applicable).
- CDC cannot provide the specific risk level for every activity in every community. It is important to consider your own personal situation and the risk to you, your family, and your community before venturing out.

More Information

[When You've Been Fully Vaccinated](#)

[Getting Your Vaccination](#)

[Find a Vaccine](#)

